



LINDA WALLS — MEDIA KIT

Master Certified Coach • Author • Developer of the Intentional Resilience Blueprint • Anti-Stalking Advocate • Legislative Advocate

Professional Bio

Linda Walls is a Master Certified Coach, author, and legislative advocate whose lived experience and public testimony contributed to the passage of one of the nation's earliest anti-stalking laws — Illinois House Bill 3090 / Public Act 87-870 (1992). She is the developer of the **Intentional Resilience Blueprint**, a framework that helps individuals create clarity, identify purpose, and build a personal roadmap for goal achievement.

Her work has been documented in the *Chicago Tribune*, *The Daily Journal*, and multiple Illinois publications. Today, Linda speaks nationally on resilience, leadership, advocacy, and the hidden realities of stalking and systemic failure.

Signature Keynotes

• The Blueprint of Intentional Resilience • Surviving the Unthinkable: Trauma, Advocacy & Justice • The Hidden Realities of Stalking & Systemic Failure

Specialized Training Offered

Delivered through Linda's lived experience, legislative advocacy, and LindaEducation™ training models.

Sensitivity Training for Law Enforcement & Public-Safety Personnel

For police, sheriff's offices, domestic-violence units, victim-services teams, and first responders who interact with stalking and domestic-violence victims.

Training includes:

- trauma-aware communication
- recognizing escalation patterns
- reducing secondary victimization
- improving documentation and response
- understanding victim fear responses and reporting barriers

Holistic Stalking-Survivor Safety Planning

Based on Linda's early workshop leadership documented in Illinois media. Includes:

- personalized emergency action plans
- threat-response strategies
- safety mapping
- confidence-building tools for victims navigating active danger

Team Development Through Intentional Resilience

For agencies, departments, and community organizations seeking stronger communication, clarity, and resilience under pressure.

Media Coverage Highlights

Kankakee Daily Journal (1992) — Kankakee, Illinois

“The Law That Came Too Late” Coverage documenting Linda's legislative advocacy, her testimony at the December 1991 Aurora domestic-violence hearing, her extensive letter-writing campaign, and Attorney General Roland Burris's acknowledgment that her case influenced his nine-point domestic-violence agenda and Women's Advocacy Division proposal.

Chicago Tribune (1994)

Featured Linda's holistic safety-planning workshops, emphasizing her leadership in helping victims create personalized emergency plans and navigate stalking threats.

Chicago Tribune (1994)

Covered Linda's continued educational work, including community workshops teaching resilience, threat-response strategies, and practical safety planning.

Program Overview for Event Planners

Surviving Heartbreak Valley: The Three Peaks of Professional Resilience

A keynote and training model that teaches leaders how to navigate personal collapse, rebuild cognitive focus, and transform adversity into professional strength.

Includes:

- The Recognition Peak
- The Ascendancy Peak
- The Victory Peak
- The 7-Day Re-Entry Protocol
- Emotional Agility Survival Kit

Professional Credentials

- Master Certified Coach
- Author
- Developer of the Intentional Resilience Blueprint
- MA in Public Administration
- MA in Communication Studies
- Graduate Certificate in Life Coaching
- Doctoral Candidate, Organizational Leadership (Health Administration)
- Qualified Intellectual Disabilities Professional (QIDP)
- Qualified Mental Health Professional (QMHP)

Contact Information

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